TWO PHASE ORTHODONTIC TREATMENT

Most dental and jaw growth problems get worse with time, not better. Research has shown that early intervention is key to long term stability. Certain dental and skeletal imbalances are best treated while the child is still growing; producing benefits and avoiding problems that occur when treatment is

- ♦ Crowding
- ♦ Facial asymmetry
- ♦ Excessive overbite/overjet
- ♦ Thumb or Finger Sucking Habits
- Airway problems (Mouth breathing/Snoring)
- ♦ Cross bite/palatal constriction
- Lost dental space
- ♦ Jaw growth problems
- Functional problems

The two phase treatment separates orthodontic treatment into two time periods. Each period is timed to accomplish specific goals that are best treated at a specific stage of the child's development. This is the preferred method of treatment.

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FIRST PHASE GROWTH TREATMENT

Mixed Dentition (Permanent and Baby Teeth) 1 – 1.5 years in treatment

Correction of Crowding, Functional, Formative, and Skeletal Problems

BETWEEN PHASES

Periodic Appointments with Dr. Daniels or Dr. Rola

Retainer Adjustments and Monitoring Growth and Development

SECOND PHASE FINISHING TREATMENT

Full Permanent Dentition 1-1.5 years in treatment

Final Correction of Tooth Position, Functional and Skeletal Problems

<u>PHASE I (Growth Phase)</u> A typical two phase treatment consists of a first phase of approximately 12-18 months of growth directed treatment. This is normally completed during the mixed dentition (permanent and baby teeth are present) for the best result. Treatment at early ages produces benefits that would be more limited if treated at a later time.

BETWEEN PHASES Your child will typically be seen every 6 months depending on Dr. Daniels' and Dr Rola's recommendation. While in between phases, your child should always have a current scheduled appointment. If you do not have one, please call the office to schedule for this vital stage of treatment. There is no additional charge for these important office visits.

PHASE II (Finishing Phase) The second and final phase of orthodontic treatment generally begins after most or all of the baby teeth are lost. Dr. Daniels and Dr. Rola need to determine the exact timing. This phase usually requires about 12-18 months of treatment. Perfecting permanent tooth position and bite refinements, both important to function, are achieved in this stage.

The American Association of Orthodontists recommends children be evaluated by an orthodontist no later than age

The Value of Two Phase Treatment

- ◆Increased stability
- ♦ Improved bite function
- ♦ More non-extraction treatment
- ♦ Nicer, wider smile
- ♦ More comfortable treatment
- ◆Create space for un-erupted teeth
- ◆ Avoid permanent tooth impaction
- ◆Improved airway
- ♦ Harmonious facial growth
- ◆Less need for jaw-surgery